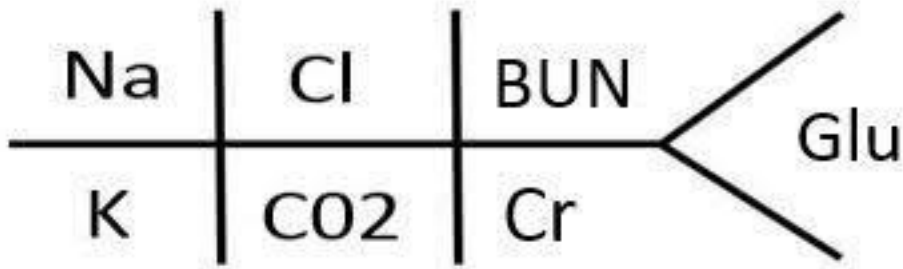


Morning Rounds: Cases and Therapeutics

February 7, 2020: Cheat Sheet



NORMAL LAB VALUES*

Sodium	135-145 mEq/L
Potassium	3.5-5.0 mEq/L
Chloride	96-106 mEq/L
Carbon Dioxide	20-29 mEq/L
BUN (blood urea nitrogen)	7-18 mg/dL
Creatinine	0.6-1.2 mg/dL
Glucose	70-100 mg/dL
CD4 Cell Count	500-1200 cells/mm ³
Hemoglobin (Hb)	12.1-15.1 g/dL (female) 13.8-17.2 g/dL (male)

*Target lab values vary by patient

SOAP NOTE ACRONYMS

CC	Chief Complaint
HPI	History of Present Illness
PMH	Past Medical History
PSH	Past Surgical History
FH	Family History
SH	Social History
ROS	Review of systems; reviews pertinent body systems directly related to problems listed in HPI
NKDA	No known drug allergies
N/V/D	Nausea, vomiting, diarrhea
PE	Physical examination
HEENT	Head, eyes, ears, nose, throat

CASE-SPECIFIC TERMS

PrEP	Pre-exposure prophylaxis (or PrEP) is a way for people who do not have HIV but who are at very high risk of getting HIV to prevent HIV infection by taking a pill every day.
PEP	Post-exposure prophylaxis
ART Therapy	Antiretroviral therapy (ART) is the use of HIV medicines to treat HIV infection
Oral candidiasis/thrush	An infection in which the fungus <i>Candida albicans</i> accumulates in the mouth.
CD4 (lab value)	T-cell count
Hemorrhoids	Swollen and inflamed veins in the rectum and anus that cause discomfort and bleeding
Syphilis	a chronic bacterial disease that is contracted chiefly by infection during sexual intercourse
F/C/S	Fever, chills, sweating
Hernia	A condition in which soft tissue bulges through a weak point in the abdominal muscles.

CASE-SPECIFIC MEDICATIONS

Medication	Drug Class	Indication
Prevnar13	Vaccine	Pneumococcal disease
Clotrimazole	Imidazole	Antifungal for oral candidiasis
Chantix (varenicline)	Smoking cessation agent	Smoking cessation
Albuterol HFA	Bronchodilators	Asthma
Bactrim DS	Antibiotic	Pneumocystis jiroveci Pneumonia (PJP) prophylaxis
Biktarvy	Single-Tablet Regimens	HIV
Doxycycline	Antibiotic	Syphilis
Zoster	Vaccine	Herpes zoster/shingles
TDaP	Vaccine	Tetanus, diphtheria & pertussis